

















Total Life Counseling Center

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4 Hour Court Ordered Divorce Parenting Class

Helping Your Children Through The Transition Of Divorce

Going through divorce is not easy for anyone. There are many widely known negative psychological and emotional effects on children. This is why the state of Florida requires parents to take a course on how to handle separation of the family and restabilize the children as quickly and healthy as possible.

The Divorce Class is required by Florida Statute 61.21 order for the concerned parties to obtain a final judgment of dissolution of marriage in Florida when there are children involved.

4 Hour Class to Begin Your Journey Through Divorce

- Divorce Stress & Anger Management
- Children's Age Appropriate Adustment to Divorce
- Successfully Transitioning Children
- Blended Families After Divorce
- Co-Parenting Plans & Strategies
- Boundary Setting in Divorce
- Parenting Styles

- Step Family Dynamics
- Introducing new relationships in your children's lives
- Stages of Divorce/Effects on Family
- Co-Parenting Teamwork
- Assertive Communication
- Discipline

No matter the cause, distress in a relationship can create undue stress, tension, sadness, worry, fear and other problems. You may hope your relationship troubles just go away on their own. But left unresolved, a bad relationship may only worsen and eventually lead to physical or psychological problems, such as depression.

CALL TODAYFOR YOUR COMPLIMENTARY 15 MINUTE CONSULT